USING INTERACTIVE SILENT DISCUSSION TO

UNCOVER WORK-LIFE BALANCE TENSIONS AND CONTRADICTIONS

OF EARLY CAREER AGRICULTURE TEACHERS

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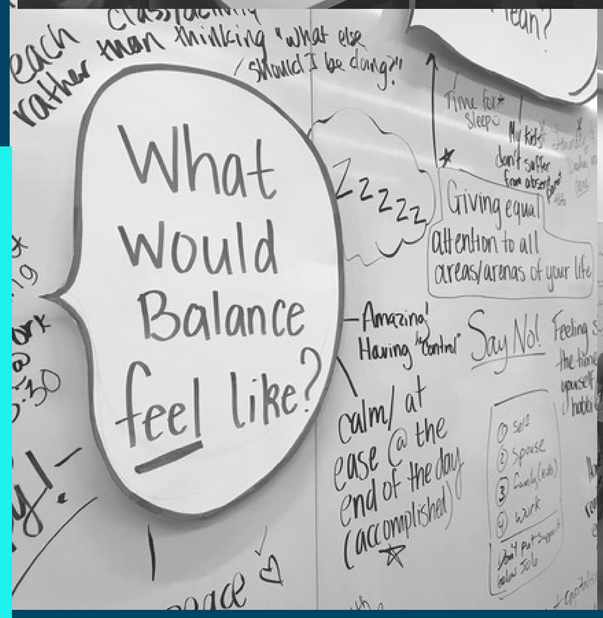
An interactive silent discussion (ISD) was designed and implemented as a group exercise to elicit individual responses to public discussion prompts via writing. ISD allows participants to respond to personal and often edgy questions in a way that is thought-provoking, empowering, and stimulating.



1 FRAMING

Create an environment for candor & vulnerability through storytelling

5 minutes

2 INTERACTIVE SILENT DISCUSSION

Silently respond to prompts on board with individual marker

15 minutes

3 DISCUSS

Small & whole-group discussion

20 minutes

4 REFLECT

Anonymous reflection via Padlet with two guiding questions: Insights? What's Missing?

5 minutes

> "It was refreshing. I wanted to spend more time talking about the balancing act. There is so much more we need to cover in this area."

ADVICE

ISD is an excellent way to discuss controversial or edgy topics

Reflection allowed participants to identify common struggles

Inexpensive & efficient way to elicit the thoughts and feelings of multiple participants